

TB154375A

Reg. No:

Name:

B. Sc. DEGREE (C.B.C.S.S.) EXAMINATION, MARCH 2017
SEMESTER IV - CORE COURSE (HOME SCIENCE)
HS1BT01B – ADOLESCENCE: DEVELOPMENT AND CHALLENGES

Time: Three Hours

Maximum Marks: 60

PART A

I. Answer all questions. Each question carries 1 mark.

1. What do you mean by puberty?
2. Who are cliques?
3. What is moral reasoning?
4. List the causes of drug abuse among adolescents.
5. What is identity crisis?

(5x1=5)

PART B

II. Answer any five questions. Each question carries 2 marks.

6. When does puberty occur?
7. Analyse the psychological responses to puberty.
8. Write about the emotional competence of adolescents.
9. Critically examine the religious beliefs and attitudes of adolescents.
10. What are the sources of adolescent academic pressure?
11. Assess female mental health issues.
12. Elaborate the cognitive development of adolescents.
13. How do you promote self-esteem among youth?

(5x2 =10)

PART C

III. Answer any five questions. Each question carries 5 marks.

14. Differentiate primary and secondary sexual characteristics of adolescents.
15. Discuss the pros and cons of electronic media usage by adolescents.
16. How are moral values changed during adolescents?
17. Elucidate the eating disorders of adolescents.
18. Explain the preventive measures for substance abuse among adolescents.
19. List the antisocial behaviour of adolescents.
20. How do you encourage a healthy self-esteem in teenagers?
21. What are the government programmes that exist for education of adolescents in India.

(5x5=25)

PART D

IV. Answer any two questions. Each question carries 10 marks.

22. Explain the physical changes during adolescence
23. Adolescence is a period of heightened emotionality - Explain
24. How do you prevent sexual abuse among adolescents?
25. Explain Maslow's Hierarchy of needs.

(2x10=20)