TM253544P

Reg. No : 31/10/25

Name :.....

MASTER'S DEGREE (C.S.S) EXAMINATION, OCTOBER 2025

2024 ADMISSIONS REGULAR

SEMESTER III - CORE COURSE

CD3C12TM20 - Mental Health

Time : 3 Hours

Maximum Weight : 30

Part A

I. Answer any Eight questions. Each question carries 1 weight (8x1=8)

1. Explain in short the challenges faced in implementing mental health programmes in India.
2. Describe simple ways to promote mental health in the community.
3. Explain briefly on how temperament affect mental health of children.
4. Recall ill effects of harsh parenting or maltreatment on a child.
5. Examine how extended family and community relationships affect the development of mental health in children.
6. Discuss the major categories of attachment.
7. Describe the effects of bullying on adolescents.
8. Discuss briefly on the types of bullying.
9. Discuss the role of parental expectations in causing stress.
10. Define stressors in the context of children and adolescents and list any 3 stressors.

Part B

II. Answer any Six questions. Each question carries 2 weight (6x2=12)

11. Explain how community mental health programmes can address the needs of vulnerable populations.
12. Discuss the ways in which childhood trauma can affect mental health.
13. Explain how domestic violence and parental psychopathology can jointly affect a child's mental health outcomes.
14. Discuss the challenges faced by children from single-parent families in terms of mental health.
15. Explain the role of friendships in promoting mental health in children.
16. Discuss how bonding between parent and child affects emotional and social development.
17. Explain how social media influences self-esteem and body image in adolescents.
18. Discuss the importance of providing guidance to students in schools.

Part C

III. Answer any Two questions. Each question carries 5 weight (2x5=10)

19. Evaluate the long-term consequences of family disorganization, harsh parenting, and poverty, on mental health of the children.
20. Discuss how recognition, appreciation, and a sense of industry can enhance motivation and mental well-being in children.
21. Discuss how sexual abuse can affect the emotional and psychological well-being of adolescents.
22. Discuss why guidance is important for learning, emotions, and social growth.