17/10/25

TM253822B

Reg. No :.....

MASTER'S DEGREE (C.S.S) EXAMINATION, OCTOBER 2025

2024 ADMISSIONS REGULAR

SEMESTER III - CORE COURSE

PY3C10TM - Counseling

Time : 3 hrs Hours

Maximum Weight : 30

Part A

I. Answer any Eight questions. Each question carries 1 weight (8x1=8)

1. Explain ethical decision making.
2. What are the goals of counseling?
3. What does the letters in SOLER stand for?
4. Briefly describe immediacy and leading in counseling.
5. List out the goals of the existential approach to counseling.
6. What are the goals of Reality Therapy?
7. Discuss the questions for setting goals in stage two of Egan's model.
8. Discuss on encounter groups and marathon groups
9. Write a note on group cohesiveness.
10. Write a note on needs of aged in India

Part B

II. Answer any Six questions. Each question carries 2 weight (6x2=12)

11. Multiple relationships as an ethical issue- Elucidate.
12. Differentiate between counseling, psychotherapy and guidance
13. Explain the importance of questioning skills in counseling. Elaborate on the problematic questioning techniques according to Ivey & Ivey (2003)
14. Discuss psychoanalytic approach
15. Discuss the challenges of helping profession.
16. Describe the phases of group formation.
17. Explain pre session planning.
18. Write a short note on dealing with clients affected by HIV/AIDS.

Part C

III. Answer any Two questions. Each question carries 5 weight (2x5=10)

19. Explain the factors that influence the counseling process.
20. Describe Person-Centred Counseling. i) Enumerate its goals ii) What are its three necessary and sufficient conditions of counseling? iii) What do you find most and least appealing about the person-centered approach? Why?
21. Discuss understanding and dealing with the shadow side of helping model.
22. Discuss the qualities of an effective group leader.