

TS251482Y

21/10/25

Reg. No : .....

Name : .....

**BACHELOR'S DEGREE EXAMINATION, OCTOBER 2025**

**2025 ADMISSIONS REGULAR**

**SEMESTER I - MAJOR (HOME SCIENCE )**

**HS1DSCA01B24 - Perspectives of Home Science I**

Time : 1.5 Hours

Maximum Marks : 50

**Part A**

Answer all questions. Each question carries 1 mark.

(1x10=10)

1. Name two common millets used in Indian diets. [CO1,Remember]
2. Differentiate fat soluble and water soluble vitamins [CO1,Understand]
3. Define health. [CO1,Remember]
4. Recall on galactagogues. [CO2,Remember]
5. Define colostrum. [CO2,Remember]
6. Recall anorexia nervosa. [CO2,Remember]
7. Quote what is theory in child development? [CO3,Remember]
8. List the various domains of development. [CO4,Remember]
9. Define growth. [CO4,Remember]
10. Define motor development. [CO4,Remember]

**Part B**

Answer any 2 questions from the bunch of CO1. Each question carries 5 mark.

(5x2=10)

11. Write a short note on food fortification. [CO1,Apply]
12. Explain any two methods of improving the quality of diet from the following methods: (a) Sprouting (b) Fermentation (c) Parboiling [CO1,Apply]
13. Differentiate between macronutrients and micronutrients along with sources for each nutrient [CO1,Understand]

**Part B**

Answer any 2 questions from the bunch of CO2. Each question carries 5 mark.

(5x2=10)

14. Explain the physiology of lactation. [CO2,Analyse]
15. Explain the physiological changes in pregnancy. [CO2,Analyse]
16. Discuss the impact of maternal malnutrition on fetal development. [CO2,Understand]

**Part B**

Answer any 2 questions from the bunch of CO4. Each question carries 5 mark.

(5x2=10)

17. Differentiate between gross motor and fine motor skills. [CO4,Understand]
18. Differentiate between authoritative and authoritarian parenting styles. [CO4,Understand]
19. Compare between the principle of cephalocaudal development and proximodistal development. [CO4,Understand]

**Part C**

**Answer any 1 question from the bunch of CO3. Each question carries 10 mark.**

**(10x1=10)**

20. Examine historical and theoretical perspectives of human development.

[CO3,Apply]

21. Construct the importance of human development to teachers parents and other personnels and its relationship with other fields of study.

[CO3,Apply]