

BACHELOR'S DEGREE EXAMINATION, OCTOBER 2025
2025 ADMISSIONS REGULAR
SEMESTER I - MINOR - C (HOME SCIENCE)
HS1DSCB101B24 - Perspectives of Home Science I

Time : 1.5 Hours

Maximum Marks : 50

Part A

Answer all questions. Each question carries 1 mark. (1x10=10)

1. List any two methods used for assessing nutritional status. [CO1,Remember]
2. Name any two protective foods. [CO1,Remember]
3. Differentiate fat soluble and water soluble vitamins [CO1,Understand]
4. Report dietary guidelines. [CO2,Understand]
5. Quote what is theory in child development? [CO3,Remember]
6. Teach Vygotsky's sociocultural theory. [CO3,Apply]
7. Explain operant conditioning? [CO3,Understand]
8. Define motor development. [CO4,Remember]
9. State the meaning of development. [CO4,Remember]
10. Define puberty. [CO4,Remember]

Part B

Answer any 2 questions from the bunch of CO1. Each question carries 5 mark. (5x2=10)

11. Write a short note on food fortification. [CO1,Apply]
12. Write the importance of "My Plate for the Day" in meal planning. [CO1,Apply]
13. Describe any two methods for prevention of nutrient loss during cooking. [CO1,Understand]

Part B

Answer any 2 questions from the bunch of CO3. Each question carries 5 mark. (5x2=10)

14. Establish the scope of child development. [CO3,Apply]
15. Articulate genes and peer are very important for children's development based on temperament, cognitive abilities and behavior studies. [CO3,Apply]
16. Explain anthropometry method. [CO3,Understand]

Part B

Answer any 2 questions from the bunch of CO4. Each question carries 5 mark. (5x2=10)

17. Write a note on the factors influencing the development of various domains. [CO4,Understand]
18. Identify the key domains of child development important for early stimulation. [CO4,Remember]
19. Compare between the principle of cephalocaudal development and proximodistal development. [CO4,Understand]

Part C

Answer any 1 question from the bunch of CO2. Each question carries 10 mark. (10x1=10)

20. Examine the dietary guidelines recommended for Indians and their significance. [CO2,Apply]
21. Express the factors influencing menu planning. [CO2,Understand]