

TB206595W

Reg. No :

Name :

B. A. DEGREE (C.B.C.S.) EXAMINATION, MARCH 2023
(2020 Admission Regular, 2019, 2018 Admissions Supplementary)
SEMESTER VI - CHOICE BASED CORE (SOCIOLOGY)
SO6B15AB18 - LIFE SKILL DEVELOPMENT

Time : 3 Hours

Maximum Marks : 80

Part A

I. Answer any Ten questions. Each question carries 2 marks

(10x2=20)

1. Define Life skill.
2. What is empathy?
3. What do you mean by problem solving?
4. What do you mean by emotional quotient?
5. Give two important features of conflict resolution.
6. Explain positive reappraisal.
7. What are the three elements in non verbal communication?
8. What is Social networking?
9. Define Public speaking.
10. Give any four examples of Social networking sites.
11. What are the sources of career information?
12. Mention any three steps of career planning process.

Part B

II. Answer any Six questions. Each question carries 5 marks

(6x5=30)

13. Explain any five components of life skills.
14. Examine the relevance of life skill training .
15. Explain effective communication as an important component of life skill.
16. How do you resolve a conflict in your day today life? Explain with examples.
17. Compare and contrast between Emotional and Social quotient.
18. What is listening? Explain the various tips for effective listening.
19. What is the purpose of a career guidance centre?
20. How do you prepare for an interview? Explain.
21. What is the purpose of a follow up communication?

Part C

III. Answer any Two questions. Each question carries 15 marks

(2x15=30)

22. What is critical thinking? What are the attributes of critical thinking?
23. Explain the benefits and important steps of Conflict resolution.
24. What are various electronic medias used in learning? Explain its advantages and disadvantages.
25. Examine the various steps in applying for a job.