

**MASTER'S DEGREE (C.S.S) EXAMINATION, MARCH 2025**  
**2020, 2021, 2022, 2023 ADMISSIONS SUPPLEMENTARY**  
**SEMESTER II - CORE COURSE**  
**FN2C06TM20 - Clinical Nutrition and Dietetics**

**Time : 3 Hours**

**Maximum Weight : 30**

**Part A**

**I. Answer any Eight questions. Each question carries 1 weight**

**(8x1=8)**

1. What is a clear liquid diet? Indicate three conditions for usage of the same.
2. What is a diet prescription?
3. Write a note on Gluten Sensitive Enteropathy.
4. Comment on celiac disease, list five foods containing gluten.
5. Comment on use of artificial sweeteners in management of diabetes mellitus.
6. Write a note on Ischemic Heart Disease(IHD).
7. What are the symptoms of nephrotic syndrome?
8. Comment on five important Renal Function Tests.
9. What is liposuction?
10. Comment on two broad categories of anti obesity drugs.

**Part B**

**II. Answer any Six questions. Each question carries 2 weight**

**(6x2=12)**

11. Discuss the methods of administration of enteral feeds.
12. Comment on dietary management in chronic constipation.
13. Discuss the DASH diet in the management of hypertension.
14. Discuss microvascular and macrovascular complications of diabetes mellitus.
15. Discuss aberrations in carbohydrate metabolism caused by diabetes mellitus.
16. Detail the principles of dietary management in stage III Chronic Kidney Disease(CKD).
17. Explain different choices of therapy for treatment of End Stage Renal Disease(ESRD).
18. Discuss the Medical Nutrition Therapy (MNT) for underweight.

**Part C**

**III. Answer any Two questions. Each question carries 5 weight**

**(2x5=10)**

19. Elaborate on types of nutrition support we can provide to a critically ill individual.
20. Explain etiology and principles of dietary management in peptic ulcer.
21. Elaborate on classification and metabolic aberrations in diabetes mellitus.
22. Elaborate on stages, etiology and management of Chronic Kidney Disease (CKD).