

FYUG PROGRAMME EXAMINATIONS, NOVEMBER 2024
(2024 Admission Regular)
SEMESTER I – MINOR C COURSE (HOME SCIENCE)
HS1DSCB101B24 - PERSPECTIVES OF HOME SCIENCE I

Time: 1.5 Hours

Maximum Marks: 50

PART A

I. Answer all questions (MCQ). Each question carries 1 mark

| Q.No: | QUESTIONS | CO | LEVEL |
|-------|---|----|-------|
| 1. | According to 'Food Guide Pyramid' which of the following foods should be eaten liberally? A) Highly Processed Foods B) Animal Source of Foods and Oils C) Vegetables and Fruits D) Cereals, Legumes, Beans and Dairy Products | 2 | U |
| 2. | Recall the best way of feeding a new born infant? A) Exclusive breastfeeding B) Mixed breastfeeding C) Bottle Feeding D) Formula feeding | 3 | K |
| 3. | Sociometry helps to analyze A) Physical growth patterns B) Emotional intelligence C) Social relationships and networks D) Academic achievements | 4 | K |
| 4. | Development is A) Qualitative B) Quantitative C) Changes in height and weight D) Not continuous | 4 | K |
| 5. | Learning to walk and talk is a developmental task of stage. A) Infancy B) Early Childhood C) Middle childhood D) Adolescence | 4 | K |

(5x1=5)

II. Answer all questions in one word. Each question carries 1 mark

| Q.No: | QUESTIONS | CO | LEVEL |
|-------|-----------------------------------|----|-------|
| 6. | Cite the period of preschool age. | 3 | K |

| | | | |
|-----|--|---|---|
| 7. | Name the process that utilises the growth of microorganisms present in food. | 3 | K |
| 8. | Name the main feature of authoritative parenting. | 4 | K |
| 9. | Recall an example of growth. | 4 | K |
| 10. | Mention any one principle governing growth and development. | 4 | K |

(5x1=5)

PART B

III. Answer any six questions in one paragraph. Each question carries 5 marks.

| Q.No: | QUESTIONS | CO | LEVEL |
|-------|--|----|-------|
| 11. | Enumerate any five healthy eating habits. | 2 | U |
| 12. | Explain the functions of protein and give any two important sources. | 1 | U |
| 13. | Describe the basic food groups with suitable examples. | 2 | U |
| 14. | Discuss the characteristics of a balanced diet. | 2 | U |
| 15. | Examine the differences between longitudinal and cross-sectional approaches in research. | 4 | K |
| 16. | State the importance of play in early stimulation and development. | 4 | K |
| 17. | Examine how observation is used for studying children. | 4 | K |
| 18. | Examine how heredity and environment are passively correlated. | 4 | K |

(6x5=30)

PART C

IV. Answer any one question. The question carries 10 marks.

| Q.No: | QUESTIONS | CO | LEVEL |
|-------|--|----|-------|
| 19. | Describe the dietary considerations that should be kept in mind while planning meals for a lactating mother and cite a sample menu for them. | 3 | K |
| 20. | Enumerate anthropometric methods and their significance in studying children. | 4 | K |

(1x10=10)

CO : Course Outcomes Level : R – Remember, U – Understand, Ap- Apply, An- Analyze, E- Evaluate, C- Create