

MASTER'S DEGREE (C.S.S) EXAMINATION, NOVEMBER 2024
2023 ADMISSIONS REGULAR
SEMESTER III - CORE COURSE CHILD DEVELOPMENT
CD3C12TM20 - Mental Health

Time : 3 Hrs Hours**Maximum Weight : 30****Part A****I. Answer any Eight questions. Each question carries 1 weight****(8x1=8)**

1. What are the critical elements of mental health programme?
2. What is meant by mental health promotion?
3. Classify the risk factors to mental health in children.
4. State the effects of parental alcohol abuse on the emotional well being of children.
5. What is attachment and bonding in children?
6. Briefly describe the theories related to attachment formation in children.
7. What is phobia?
8. What are the symptoms of anxiety in children?
9. Enlist the various stress coping methods.
10. What is problem focused coping?

Part B**II. Answer any Six questions. Each question carries 2 weight****(6x2=12)**

11. Explain the concept and importance of mental health.
12. Explain the effects of poverty on the mental health of children.
13. Describe the child risk factors to mental health.
14. Explain the effect of environmental toxins on mental health.
15. Explain the need to develop autonomy in young children.
16. Comment on the the importance of attachment formation on the mental health of children.
17. Comment on the use of internet and social media addiction on mental health of adolescents.
18. Explain the tips to be given to adolescents to manage their stress.

Part C**III. Answer any Two questions. Each question carries 5 weight****(2x5=10)**

19. Explain the family related risk factors to a child's mental health and suggest remedial measures.
20. Explain the following mental health needs in children. a) relationships b) safety c) appreciation.
21. Explain the mental health issues during adolescence and suggest remedial measures.
22. Discuss the stressors on adolescents in India and suggest remedial measures.