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Reg. No :

Name :

MASTER'S DEGREE (C.S.S) EXAMINATION, NOVEMBER 2024

2024 ADMISSIONS REGULAR

SEMESTER I - CORE COURSE Child Development

CD1C03TM20 - Child Health and Nutrition

Time : 3 Hrs Hours

Maximum Weight : 30

Part A

I. Answer any Eight questions. Each question carries 1 weight

(8x1=8)

1. Enlist the components of weight gain during pregnancy.
2. Indicate the problems of adolescent pregnancy.
3. Write a note on weaning diarrhoea.
4. Comment on the components of breast milk that facilitate brain development in the infant.
5. Comment on Expressed Breast Milk(EBM).Discuss optimal storage methods.
6. Enlist objectives of Infant and Young Child Feeding(IYCF) initiative.
7. Write a short note on growth charts.
8. What is RUTF?
9. List clinical signs of riboflavin deficiency.
10. List any 3 measures of vital statistics in a community.

Part B

II. Answer any Six questions. Each question carries 2 weight

(6x2=12)

11. 'Nutritional status and health of the mother is a key indicator for a healthy baby'. Justify.
12. Explain the method used to detect intra uterine growth restriction.
13. Comment on immunization during pregnancy.
14. Elaborate on the composition of breast milk and animal milk.
15. Bring out the significance of growth monitoring and promotion in infants.
16. Discuss factors that need to be considered in complementary feeding.
17. Describe the symptoms of Vitamin A deficiency.
18. What are the nutritional status assessment techniques that can be employed for a study among preschool children?

Part C

III. Answer any Two questions. Each question carries 5 weight

(2x5=10)

19. Write an essay on the causes, complications and outcome of adolescent pregnancy.
20. Explain the nutritional requirements and dietary modifications during lactation.
21. Write an essay on the recommendations and relevance Infant and Young Child Feeding(IYCF).
22. Elaborate on the different methods of dietary assessment.