

TM244394S

Reg. No :.....

Name :.....

MASTER'S DEGREE (C.S.S) EXAMINATION, MARCH 2024

2022 ADMISSIONS REGULAR

SEMESTER IV - M. Sc. Child Development

CD4E01TM20 - Guidance and Counselling

Time : 3 Hrs Hours

Maximum Weight : 30

Part A

I. Answer any Eight questions. Each question carries 1 weight

(8x1=8)

1. List the types of counselling.
2. Define counselling.
3. Give a note on aversive conditioning.
4. What is behavior modification?
5. Enlist the symptoms addressed in grief counselling.
6. Define crisis counselling.
7. What is art therapy?
8. Define bibliotherapy.
9. What is Raven's progressive matrices?
10. What is Stanford-Binet scale?

Part B

II. Answer any Six questions. Each question carries 2 weight

(6x2=12)

11. Describe the stages of the counselling process.
12. Explain the techniques of Cognitive Behavior Therapy.
13. Explain the three main principles of client-centered therapy.
14. Pandemic and social isolation has increased the need for counselling in general public. Comment.
15. Give reasons for growing popularity of music and art therapy in enhancing mental health.
16. Discuss on yoga and meditation as an innovative counselling approach.
17. Give a note on different forms of Raven's progressive matrices.
18. Discuss the significance of 16 PF personality test.

Part C

III. Answer any Two questions. Each question carries 5 weight

(2x5=10)

19. Discuss on the different stages in which a counselling process is carried out.
20. Explain on transactional analysis and its significance in improving lives of people.
21. Discuss the following with suitable examples a) Trauma counselling b) Workplace counselling c) Crisis counselling.
22. Explain the importance of projective techniques with suitable examples.

