

11.4

TM244930V

Reg. No :

Name :

MASTER'S DEGREE (C.S.S) EXAMINATION, MARCH 2024

2022 ADMISSIONS REGULAR

SEMESTER IV - CORE COURSE PSYCHOLOGY

PY4C13TM - Training Program for Mental Health Promotion

Time : 3 Hours

Maximum Weight : 30

Part A

I. Answer any Eight questions. Each question carries 1 weight

(8x1=8)

1. Explain the different types of prevention with examples.
2. Define the following: Exosystem, Macrosystem and Chronosystem.
3. What is Vroom's theory of motivation?
4. What are the essential facilities to be given in a training program?
5. Explain experiential learning cycle with a schematic representation.
6. What is the 'rule of three' in presentation?
7. What are the phases in a presentation?
8. What is the learning cycle?
9. Why should content be reviewed at the end of a training program?
10. Why is expressing final sentiments important?

Part B

II. Answer any Six questions. Each question carries 2 weight

(6x2=12)

11. What is the Penn Resiliency program?
12. Differentiate the following: public health pole, clinical pole and social action model.
13. What are the principles of crisis intervention?
14. How to conduct need assessment in training?
15. Explain the process of making decisions
16. How can a climate for learning be created?
17. How can final sentiments be expressed at the end of a training program?
18. What are the different ways in which self-assessment can be promoted?

Part C

III. Answer any Two questions. Each question carries 5 weight

(2x5=10)

19. Elaborate on major parental training programs
20. Explain the design phase of a training program in detail.
21. How can a trainer establish credibility?
22. Explain brain storming as a training method.

