

TB243610X

Reg. No :

Name :

BACHELOR'S DEGREE (C.B.C.S) EXAMINATION, NOVEMBER 2024
2023 ADMISSIONS REGULAR
SEMESTER III - CORE COURSE (NUTRITION AND DIETETICS)
ND3B06B20 - Basic Dietetics

Time : 3 Hours

Maximum Marks : 80

Part A

I. Answer any Ten questions. Each question carries 2 marks

(10x2=20)

1. Define SOAP.
2. Define code of ethics.
3. Write a note on Global Leading Initiated Management in nutrition.
4. Explain PEJ.
5. Write a note on classification of therapeutic diet based on nutrient modifications.
6. Classify obesity based on BMI.
7. Write on protein in obesity management.
8. Define AIDS.
9. Write on dietary fibres and enteric fever.
10. Why an individual is immune to chicken pox up to 20 years after occurrence of chicken pox? Justify.
11. Justify the statement: "Lactose intolerance is not an example of food allergy".
12. Explain malabsorption syndrome.

Part B

II. Answer any Six questions. Each question carries 5 marks

(6x5=30)

13. Write a note on nutrition surveillance.
14. Write a note on dual burden of malnutrition.
15. Detail on DASH diet.
16. Discuss management of underweight.
17. Write a note on malnutrition in AIDS patients.
18. Explain the stages of HIV.
19. Elaborate on oral food challenges in diagnosis of allergy.
20. Explain the symptoms and etiological factors for malabsorption syndrome.
21. Brief on the general dietary guidelines for gastrointestinal diseases.

Part C

III. Answer any Two questions. Each question carries 15 marks

(2x15=30)

22. Explain the various steps involved in nutrition care process.
23. What are the contributions of global leading initiated management in nutrition?
24. Explain the dietary management of chronic fevers.
25. Enumerate the dietary management for constipation and plan a day's menu.