

15.4

TM244276Z

Reg. No :.....

Name :.....

MASTER'S DEGREE (C.S.S) EXAMINATION, MARCH 2024

2022 ADMISSIONS REGULAR

SEMESTER IV - Psychology

PY4EA02TM - Psychotherapy

Time : 3 Hours

Maximum Weight : 30

Part A

I. Answer any Eight questions. Each question carries 1 weight

(8x1=8)

1. Supportive Psychotherapy.
2. Efficacy of Treatment.
3. View of Human nature in psychoanalytic psychotherapy.
4. Interpretation in Psychoanalytic psychotherapy.
5. What is Unfinished Business?
6. De-reflection.
7. Group Therapy?
8. Conflicts Tactics Scale.
9. Play therapy room.
10. Toy layout.

Part B

II. Answer any Six questions. Each question carries 2 weight

(6x2=12)

11. Varieties of Psychotherapy.
12. Efficacy and Effectiveness of treatment in Psychotherapy.
13. Short term Anxiety Provoking Psychotherapy.
14. Therapeutic Core Conditions,
15. Future Projection technique.
16. What is Logo therapy?
17. Psychodrama.
18. Principles of Play therapy.

Part C

III. Answer any Two questions. Each question carries 5 weight

(2x5=10)

19. Phases of Psychoanalytical Psychotherapy.
20. Goals and Key concepts in Gestalt Therapy.
21. Logo therapy and it's techniques.
22. Draw a genogram for the following case: Mr. Sood belongs to middle income group and is residing in joint family set-up. He is 44 years old and has his own business. He is living with his parents. His mother is 70 years old and his father is 73 years old. His mother has retired from government service as a JBT teacher and his father is still working as contractor. He is the first child of his parents. He has one younger sister who is 42 years old and married in 2004. She has one son who was born in 2006. Mr. Sood was also married in 1999 and had two daughters who were born in 2000 and 2006. Further, his father has two younger siblings, one is younger brother, born in 1949 and married in 1975 and a sister who was born in 1952 and married in 1970. His mother also has two elder siblings. His massi (maternal aunt) was born in 1945 and married in



1965 and his mama (maternal uncle) was born in 1947 and married in 1971. He said his relation to his parental aunt is not very good but he has strong bonding with his sister. His wife does not have good relation with his mother.

