

TB243618W

Reg. No : .....

Name : .....

**BACHELOR'S DEGREE (C.B.C.S) EXAMINATION, NOVEMBER 2024**

**2020, 2021, 2022 ADMISSIONS SUPPLEMENTARY**

**SEMESTER III - CORE COURSE (NUTRITION AND DIETETICS )**

**ND3B06B20 - Basic Dietetics**

**Time : 3 Hours**

**Maximum Marks : 80**

**Part A**

**I. Answer any Ten questions. Each question carries 2 marks**

**(10x2=20)**

1. Describe the scope of a good dietitian in health care establishments.
2. Write a note on nutrition intervention.
3. Explain the nutritional focus on physical findings.
4. Define soft diet.
5. Define Polymeric Feeds.
6. Classify obesity based on BMI.
7. Generalize on energy provided in management of obesity.
8. Write a note on management of typhoid.
9. Explain opportunistic infections.
10. Enlist different types of allergens.
11. Write on elimination diet.
12. What are the symptoms of peptic ulcer?

**Part B**



**II. Answer any Six questions. Each question carries 5 marks**

**(6x5=30)**

13. Write a note on nutrition surveillance.
14. Detail on the importance of dietary questionnaire.
15. Detail on the types of diet based on the texture modification.
16. Explain obesity in children.
17. Elaborate on fever due to exogenous factors.
18. Describe the micronutrients emphasized during chronic fever management.
19. Write on skin prick and patch test.
20. Explain the symptoms and etiological factors for constipation.
21. Explain the diagnostic treatments in gastritis.

**Part C**

**III. Answer any Two questions. Each question carries 15 marks**

**(2x15=30)**

22. Explain the importance of nutrition intervention and nutrition monitoring for an effective implementation of NCP.
23. Elaborate on anthropometric assessment methods for nutritional assessment.
24. Describe the nutritional management and the golden rule in management of typhoid.
25. Explain the dietary management for diarrhoea and plan a day's menu for the patient with diarrhoea.