

TB213610V

Reg. No :

Name :

B. Sc. DEGREE (C.B.C.S) EXAMINATION, NOVEMBER 2022
(2021 Admissions Regular, 2020 Admissions Supplementary/Improvement)
SEMESTER III - CORE COURSE (NUTRITION AND DIETETICS)
ND3B06B20 - BASIC DIETETICS

Time : 3 Hours

Maximum Marks : 80

Part A

I. Answer any Ten questions. Each question carries 2 marks

(10x2=20)

1. Describe the scope of a good dietitian in health care establishments.
2. Write a note on nutrition intervention.
3. Define MUAC.
4. Define soft diet.
5. Explain low sodium diet.
6. Write on health conditions that can cause obesity.
7. Discuss on metabolic aberrations due to underweight.
8. Write a note on management of typhoid.
9. List the foods to be included and restricted during typhoid.
10. Write a note on medical management of food allergy.
11. Enlist different types of allergens.
12. Write a note on ulcerative colitis.

Part B

II. Answer any Six questions. Each question carries 5 marks

(6x5=30)

13. Detail on the importance of dietary questionnaire.
14. Explain the major steps involved in nutritional assessment.
15. Explain the therapeutic adaptations of normal diets.
16. Discuss management of underweight.
17. Articulate on significance of vitamins in TB patients.
18. Describe the micronutrients emphasized during chronic fever management.
19. Describe the steps of allergic reactions.
20. What is the role of dietary fibre in constipation?
21. Explain the symptoms and etiological factors for constipation.

Part C

III. Answer any Two questions. Each question carries 15 marks

(2x15=30)

22. Explain the various steps involved in nutrition care process.
23. Explain the factors contributing to global nutrition policy. Detail on the different stages of ADIME.
24. Explain the dietary management of chronic fevers.
25. Elaborate the dietary management for gastritis and plan a day's menu.