

**Relationship between Grit and Academic Burnout among College Students of
Arts and Science Stream**

Dissertation submitted in partial fulfilment of the requirements for the award of
Bachelor of Science in Psychology

By

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ST. TERESA'S COLLEGE (AUTONOMOUS), ERNAKULAM

Nationally Re-accredited at 'A++' level (4th cycle)

Affiliated to: Mahatma Gandhi University

MARCH 2023

CERTIFICATE

This is to certify that the dissertation entitled, “Relationship between Grit and Academic Burnout among College Students of Arts and Science Stream.”, is a bonafide record submitted by Ameesha Puthiyotil, Reg.no. SB20PSY015, of St.

Teresa’s College, Ernakulam under the supervision and guidance of Ms.Bhavana P Sanoj and that it has not been submitted to any other university or institution for the award of any degree or diploma, fellowship, title or recognition before.

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DECLARATION

I, Ameesha Puthiyottil, do hereby declare that the work represented in the dissertation embodies the results of the original research work done by me in St. Teresa's College, Ernakulam under the supervision and guidance of Ms. Bhavana P Sanoj Assistant Professor, Department of Psychology, St. Teresa's College, Ernakulam, it has not been submitted by me to any other university or institution for the award of any degree, diploma, fellowship, title or recognition before.

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Place: Ernakulam

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ACKNOWLEDGEMENT

It is not possible to prepare a project report without the assistance and encouragement of other people. This one is certainly no exception. I would like to express my deep heartfelt gratitude to the Department of Psychology, St. Teresa's College, Ernakulam for providing me with the opportunity to undertake the research.

I acknowledge my indebtedness and deep sense of gratitude to my research guide, Ms. Bhavana P Sanoj, Assistant Professor, Psychology, for encouraging and guiding me throughout all the phases of my research.

I extend my sincere thanks to my parents, teachers and my friends who all have supported me throughout the time. I am grateful to each and every one who has given me guidance, encouragement, suggestions and constructive criticisms which has contributed immensely for this project.

Above all, I thank God Almighty for blessing me in all the stages of the project and for helping me complete the project successfully.

Thanking you

Ameesha Puthiyottil.

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