ГВ156590А	Reg. No :
	Name :

B. A. DEGREE (C.B.C.S.S) EXAMINATION, MARCH 2018

(2015 Admission Regular)

SEMESTER VI - CORE (SOCIOLOGY) SO6B14B - LIFE SKILL DEVELOPMENT

Time: Three Hours

Maximum Marks: 80

Part A

I. Answer all questions. Each question carries 1 marks

- Life skill
- 2. Interpersonal relationship
- 3. Self awareness
- 4. Emotional Quotient
- 5. Curriculum Vitae
- 6. Public Speaking

(6x1=6)

Part B

II. Answer any Seven questions. Each question carries 2 marks

- 7. What do you mean by interpersonal skills?
- 8. Mention any three steps in conflict resolution
- 9. What is social control?
- 10. Mention any 5 signs of positive self esteem
- 11. What is follow up communication?
- 12. Mention any three steps of career planning process
- 13. What is meant by podcasts?
- 14. Mention the types of communication based on the communication channels
- 15. Mention the five basic elements of public speaking
- 16. What do you mean by group discussion?

(7x2=14)

Part C

III. Answer any Five questions. Each question carries 6 marks

- 17. Describe any two important life skill approaches.
- 18. Describe in detail the different components of life skill.
- 19. Examine the various stages in conflict resolution.
- 20. What is positive thinking? Explain the various ways to develop positive thinking.
- 21. Prepare a CV to apply for a job for the post of marketing executive in a Marketing company.
- 22. What is an interview? Discuss the various tips for a successful interview.
- 23. Explain the need and importance of career guidance.
- 24. What is listening? Explain the various tips for effective listening.

(5x6=30)

Part D

IV. Answer any Two questions. Each question carries 15 marks

- 25. Illustrate life skills as a life course approach.
- 26. Explain the various skills for self management.
- 27. Examine the various steps n applying for a job.
- 28. Describe in detail the various types of communication.

(2x15=30)