

B. VOC. DEGREE (C.B.C.S.S) EXAMINATION, MARCH 2018
(2015 Admission Regular)
SEMESTER VI - CORE (FOOD PROCESSING TECHNOLOGY)
VFP6G16TB - PERSONALITY DEVELOPMENT

Time : 3 hrs Hours

Maximum Marks : 80

Part A

I. Answer all questions. Each question carries 1 marks **(6x1=6)**

1. Who is a Benevolent autocratic leader?
2. What is meant by a psychological script?
3. Explain technology as a stressor?
4. Define Stress?
5. Explain Cliff Hanger management style?
6. Explain the Self actualisation need of Maslow?

Part B

II. Answer any Seven questions. Each question carries 2 marks **(7x2=14)**

7. Compare successful leadership and effective leadership?
8. Explain House's path goal theory?
9. What are mixed strokes?
10. Explain crossed transactions?
11. Differentiate between Eustress and distress?
12. What are the job related stressors?
13. What is intra sender role conflict?
14. What is Pomodoro technique?
15. Brief about McClelland's need theory of motivation?
16. what do you mean by equity?

Part C

III. Answer any Five questions. Each question carries 6 marks **(5x6=30)**

17. Describe Vroom-Yetton and Jago's contingency model?
18. What is meant by Script analysis?
19. Detail different types of games played by people in their lifetime?
20. Explain in detail the the role related stressors?
21. What are the consequences of stress on individuals?
22. Describe the different methods used in setting priorities/planning time?
23. What are the important features of theory Z?
24. Explain Porter and Lawler model of motivation?

Part D

IV. Answer any Two questions. Each question carries 15 marks **(2x15=30)**

25. "Effective leadership is a function of 3 factors- the leader, the led and the situation"-Discuss?
26. What is Transactional analysis and how it helps in improving interpersonal relationships?
27. "Coping strategies for job stress exists at both individual and the organizational levels"-evaluate these strategies for preventing and effectively managing stress?
28. What is the concept of motivation? How does it affects behaviour? What happens when a person is not able to satisfy his needs?