

TM154330A

Reg. No:.....

Name:.....

**M. Sc. DEGREE (C.S.S.) EXAMINATION, MARCH 2017
SEMESTER IV - HOME SCIENCE (CHILD DEVELOPMENT)
CD4C16TM - GUIDANCE AND COUNSELLING**

Time: Three Hours

Maximum Marks: 75

PART A

I. Answer any five questions. Each question carries 3 marks

1. Give the meaning of Counselling and list the goals.
2. List the characteristics of a good Counsellor.
3. What is Transactional Analysis?
4. Write the significance of Dream Analysis.
5. What is Addiction Counselling?
6. Write a note on Career Counselling.
7. What is Play therapy?

(5x3 = 15)

PART B

II. Answer any six questions. Each question carries 5 marks

8. Explain the concept of Counselling
9. Explain the qualities of a good counsellor.
10. What is facilitative Counselling?
11. What is Systematic Desensitization?
12. What are the beneficiaries of Online Counselling?
13. Explain the therapeutic process of child centred therapy.
14. Explain the need and importance of vocational guidance for the students.
15. Explain Biblio-therapy.
16. Describe the role of aversive conditioning in therapy for substance abuse.

(6x5 = 30)

PART C

III. Answer any two questions. Each question carries 15 marks

17. Discuss the scope of Counselling with special reference to the Indian Scenario.
18. Discuss the variables affecting the counselling process.
19. Explain Rational Emotive Behaviour Therapy.
20. List the special and Innovative approach with children. Discuss any commonly used approaches.

(2x15=30)